

TIMES	MON	TUE	WED	THUR	FRI	SAT
10AM						MMA COMP CLASS
11AM	THAIBOXING/MMA SAUL	THAIBOXING/MMA SAUL	THAIBOXING/MMA SAUL	THAIBOXING/MMA SAUL		BJJ/ COMP CLASS/ ALL AGES GI & NO GI
12PM	PRO/ AM SPARRING	PRO/ AM SPARRING	PRO/ AM SPARRING	PRO/ AM SPARRING		
4:30 PM	KIDS	KIDS	KIDS	KIDS		
5:15PM	KIDS	KIDS	KIDS	KIDS		
6:15PM	THAIBOXING SAUL	THAIBOXING SAUL	THAIBOXING SAUL	THAIBOXING SAUL	THAIBOXING SAUL	
7:30PM	JIU-JITSU/NO-GI JERROT	JIU-JITSU/GI JERROT	JIU-JITSU/NO-GI JERROT	JIU-JITSU/GI JERROT		